

**LIGHTHOUSE HEALTH GROUP, LLC**  
**4600 MILITARY TRAIL, SUITE 103**  
**JUPITER, FL 33458**  
**561-249-7400**

## PATIENT HISTORY FORM

Date: _____		Birthdate _____	
NAME: _____		_____	
	Last	First	M. I.
Age: _____	Sex: F M		
How did you hear about this practice?			
Describe briefly your present symptoms:			
Please list the names of other practitioners you have seen for this problem:			
Psychiatric Hospitalizations (include where, when, & for what reason):			
Have you ever had ECT?		Have you had psychotherapy?	

<b>CURRENT MEDICATIONS</b>		
Drug allergies: No Yes To what?		
Please list any medications that you are now taking. Include non-prescription medications & vitamins or supplements:		
Name of drug	Dose (include strength & number of pills per day)	How long have you been taking this?
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		

**PAST MEDICAL HISTORY**

Do you now or have you ever had:

- |                     |                     |                         |
|---------------------|---------------------|-------------------------|
| Diabetes            | Heart murmur        | Crohn's disease         |
| High blood pressure | Pneumonia           | Colitis                 |
| High cholesterol    | Pulmonary embolism  | Anemia                  |
| Hypothyroidism      | Asthma              | Jaundice                |
| Goiter              | Emphysema           | Hepatitis               |
| Cancer (type) _____ | Stroke              | Stomach or peptic ulcer |
| Leukemia            | Epilepsy (seizures) | Rheumatic fever         |
| Psoriasis           | Cataracts           | Tuberculosis            |
| Angina              | Kidney disease      | HIV/AIDS                |
| Heart problems      | Kidney stones       |                         |

Other medical conditions (please list):

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**PERSONAL HISTORY**

Were there problems with your birth? (specify)

Where were you born & raised?

What is your highest education?      High school      Some college      College graduate      Advanced degree

Marital status:    Never married    Married    Divorced    Separated    Widowed    Partnered/significant other

What is your current or past occupation?

Are you currently working? :    Yes    No    Hours/week \_\_\_\_\_    If not, are you    retired    disabled    sick leave?

Do you receive disability or SSI?    Yes    No    If yes, for what disability & how long? \_\_\_\_\_

Have you ever had legal problems? (specify)

Religion:

**FAMILY HISTORY**

	IF LIVING		IF DECEASED	
	Age (s)	Health & Psychiatric	Age(s) at death	Cause
Father				
Mother				
Siblings				
Children				

EXTENDED FAMILY PSYCHIATRIC PROBLEMS PAST & PRESENT:

Maternal Relatives:

Paternal Relatives:

**SYSTEMS REVIEW**

**In the past month, have you had any of the following problems?**

**GENERAL**

- Recent weight gain; how much \_\_\_\_\_
- Recent weight loss: how much \_\_\_\_\_
- Fatigue
- Weakness
- Fever
- Night sweats

**MUSCLE/JOINTS/BONES**

- Numbness
- Joint pain
- Muscle weakness
- Joint swelling
- Where?

**EARS**

- ringing in ears
- Loss of hearing

**EYES**

- Pain
- Redness
- Loss of vision
- Double or blurred vision
- Dryness

**THROAT**

- Frequent sore throats
- Hoarseness
- Difficulty in swallowing
- Pain in jaw

**HEART AND LUNGS**

- Chest pain
- Palpitations
- Shortness of breath
- Fainting
- Swollen legs or feet
- Cough

**NERVOUS SYSTEM**

- Headaches
- Dizziness
- Fainting or loss of consciousness
- Numbness or tingling
- Memory loss

**STOMACH AND INTESTINES**

- Nausea
- Heartburn
- Stomach pain
- Vomiting
- Yellow jaundice
- Increasing constipation
- Persistent diarrhea
- Blood in stools
- Black stools

**SKIN**

- Redness
- Rash
- Nodules/bumps
- Hair loss
- Color changes of hands or feet

**BLOOD**

- Anemia
- Clots

**KIDNEY/URINE/BLADDER**

- Frequent or painful urination
- Blood in urine

**Women Only:**

- Abnormal Pap smear
- Irregular periods
- Bleeding between periods
- PMS

**PSYCHIATRIC**

- Depression
- Excessive worries
- Difficulty falling asleep
- Difficulty staying asleep
- Difficulties with sexual arousal
- Poor appetite
- Food cravings
- Frequent crying
- Sensitivity
- Thoughts of suicide / attempts
- Stress
- Irritability
- Poor concentration
- Racing thoughts
- Hallucinations
- Rapid speech
- Guilty thoughts
- Paranoia
- Mood swings
- Anxiety
- Risky behavior

**OTHER PROBLEMS:**

**WOMENS REPRODUCTIVE HISTORY:**

Age of first period: \_\_\_\_\_

# Pregnancies: \_\_\_\_\_

# Miscarriages: \_\_\_\_\_

# Abortions: \_\_\_\_\_

Have you reached menopause? Yes                      No                      At what age?  
Do you have regular periods? Yes                      No

SUBSTANCE USE					
DRUG CATEGORY (tick mark each substance used)	Age when you first used this:	How much & how often did you use this?	How many years did you use this?	When did you last use this?	Do you currently use this? Yes    No
<b>ALCOHOL</b>					Yes    No
<b>CANNABIS:</b> Marijuana    hashish    hash oil					Yes    No
<b>STIMULANTS:</b> Cocaine    crack					Yes    No
<b>STIMULANTS:</b> Methamphetamine— speed    Ice    crank					Yes    No
<b>AMPHETAMINES/OTHER STIMULANTS:</b> Ritalin    Benzedrine    Dexedrine					Yes    No
<b>BENZODIAZEPINES/TRANQUILIZERS:</b> Valium    Librium    Halcion Xanax    Diazepam    "Roofies"					Yes    No
<b>SEDATIVES/HYPNOTICS/BARBITURATES:</b> Amytal    Seconal    Dalmane Quaalude    Phenobarbital					Yes    No
<b>HEROIN</b>					Yes    No
<b>STREET OR ILLICIT METHADONE</b>					Yes    No
<b>OTHER OPIOIDS:</b> Tylenol #2 & #3,    282'S,    292'S, Percodan,    Percocet,    Opium, Morphine,    Demerol,    Dilaudid					Yes    No
<b>HALLUCINOGENS:</b> LSD,    PCP,    STP, MDA,    DAT,    mescaline, peyote,    mushrooms, ecstasy (MDMA),    nitrous oxide					Yes    No
<b>INHALANTS:</b> Glue,    gasoline, aerosols,    paint thinner, poppers, rush,    locker room					Yes    No
<b>OTHER:</b> specify) _____ _____ _____					Yes    No